AI PROMPT PACK | 2026 EDITION



AI Prompts for Students

Ace Exams, Notes & Assignments

150 COPY-PASTE PROMPTS

Works with ChatGPT | Claude | Gemini AIPDFBUNDLES.COM

AI PROMPT PACK | 2026 EDITION

AI Prompts for Students

Ace Exams, Notes & Assignments

150	9	3
COPY-PASTE PROMPTS	CHAPTERS	AI TOOLS SUPPORTED

Studying well means understanding, not just reading. This pack contains 150 AI prompts that help you learn, revise and plan your work more effectively.

Important notice

Paste your own notes or topic into the prompt and ask the AI to explain, quiz or outline. Follow your school's academic integrity policy, write your own final work, and verify facts against your course materials. Prompts are starting points and do not guarantee any particular result. You are responsible for reviewing, editing and verifying every AI output before you use it.

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Welcome and How to Use This Pack

This pack is built so you can open it, copy a prompt, and get a useful first draft in minutes. Every prompt is original, follows the same simple layout, and is written to work with ChatGPT, Claude, Gemini and similar AI assistants.

Start in 5 steps

1. **Pick a chapter** that matches the task in front of you today.
2. **Copy the prompt** from its shaded box and paste it into your AI tool.
3. **Replace every [BRACKET]** with your real details: names, numbers, audience, goal, tone.
4. **Read and refine.** Ask follow-ups such as make it shorter, more formal, or give me three options.
5. **Save your winners** in the Prompt Tracker at the end so your best prompts are one click away.

How the prompt cards work

> **EXAMPLE Prompt title tells you the use case**
>
> The shaded text is the exact prompt to copy. Anything in **[BRACKETS]** is a placeholder you fill in, for example **[YOUR AUDIENCE]** or **[TONE]**.

Get better results every time

- **Add context.** The more specific your details, the more useful the answer. Include audience, goal and constraints.
- **Name the format.** Ask for a table, a checklist, three variations, or a word limit when you need one.
- **Iterate.** Treat the first reply as a draft. One or two follow-up messages usually double the quality.
- **Keep your voice.** Paste a short sample of your own writing and ask the AI to match its tone.
- **Verify.** Check facts, figures, names and any rules that apply to you before publishing or sending.

Privacy reminder: never paste passwords, payment details or sensitive personal or client information into an AI tool. Use placeholders or anonymized examples instead.

CHAPTER 1 8 PROMPTS

Study Setup and Learning Style

Goal setting, subject profile, study schedule builder

The best study help starts with knowing yourself and your goals. Use these setup prompts to build a study profile and plan so every other prompt in this pack fits your situation.

001 Study Profile Setup

Act as my study coach. I am studying **[SUBJECT/COURSE]** at **[LEVEL]**. My goal is **[GOAL]** by **[DATE]**. Ask me six questions about my strengths, weaknesses, schedule and learning style, then summarize my study profile.

002 Weekly Study Schedule

Create a weekly study schedule for me using these commitments: **[CLASSES, WORK, ACTIVITIES]**. I can study **[HOURS]** hours per week. Include breaks, one rest day and time for review.

003 Goal Breakdown

Break my goal of **[GOAL]** into monthly, weekly and daily steps with milestones and a way to measure progress.

004 Learning Style Quiz

Create a short quiz of ten questions to help me discover how I learn best, then suggest study methods that match my answers. Remind me that learning style is only a rough guide.

005 Subject Priority Planner

Rank these subjects by priority using my upcoming deadlines, difficulty and weight in grades, and suggest how to share my time: **[LIST SUBJECTS AND DEADLINES]**

006 Study Environment Checklist

Create a checklist for setting up a distraction-free study space, covering lighting, desk, phone settings, noise and materials.

007 Academic Integrity Rules Reminder

Write a short reminder of how to use AI honestly for learning: use it to understand and practice, follow my school's rules, never submit AI-written work as my own and cite help where required.

008 Study Materials Inventory

Help me list the materials I need for **[COURSE]**, such as textbooks, notes, past papers and tools, and organize them into a simple tracking table.

PRO TIP Tell the AI your level, your exam board or course and your deadline. Specific context turns generic study advice into a plan you can follow.

CHAPTER 2 20 PROMPTS

Notes and Summaries

Lecture notes, textbook chapters, Cornell-style notes, mind map outlines

Good notes make revision easy. These prompts turn lectures, readings and messy notes into clear summaries you can learn from.

009 Lecture Notes Organizer

Organize these messy lecture notes into a clear structure with headings, key terms, definitions and examples. Do not add facts that are not in my notes: **[PASTE NOTES]**

010 Chapter Summary

Summarize this chapter in about 200 words, then list the five most important ideas and three terms I must remember: **[PASTE TEXT]**

011 Cornell Notes Format

Convert these notes into Cornell format with a cue column of questions, a notes column and a summary at the bottom: **[PASTE NOTES]**

012 Mind Map Outline

Turn these notes into a text outline for a mind map with the central idea, main branches and sub-branches: **[PASTE NOTES]**

013 Key Terms Glossary

Create a glossary from this text with each important term, a simple definition and one example: **[PASTE TEXT]**

014 Timeline Builder

Turn this text into a timeline of events with dates, causes and consequences: **[PASTE TEXT]**

015 Compare and Contrast Table

Create a table comparing **[CONCEPT A]** and **[CONCEPT B]** using these notes, covering definition, features, examples and key differences: **[PASTE NOTES]**

016 Cause and Effect Map

Create a cause and effect map from this material, listing causes, effects and links between them: **[PASTE TEXT]**

017 One-Page Cheat Sheet

Compress these notes into a one-page cheat sheet with formulas, definitions and key facts organized by topic: **[PASTE NOTES]**

018 Reading Summary with Questions

Summarize this article in five bullet points and then write five questions that test understanding: **[PASTE ARTICLE]**

019 Video Lecture Notes Template

Create a note-taking template for video lectures with spaces for title, key ideas, timestamps, questions and a three-sentence summary.

020 Highlight Priorities

Read this passage and tell me which sentences are most important to highlight for exam revision and why: **[PASTE PASSAGE]**

021 Connect Topics

Show how these two topics connect and where they overlap, using my notes. Present it as a short explanation and a diagram outline: **[TOPIC A]**, **[TOPIC B]**

022 Note Cleanup

Fix spelling, grammar and formatting in these notes without changing meaning, and flag unclear sentences I should check against my textbook: **[PASTE NOTES]**

023 Weekly Summary Sheet

Combine my notes from this week into a single summary sheet organized by topic with the most important points highlighted: **[PASTE NOTES]**

024 Margin Notes Questions

Suggest ten questions I should write in the margin while reading this chapter to keep me active and thinking: **[CHAPTER TOPIC]**

025 Simplify Dense Text

Rewrite this difficult paragraph in simpler language and then explain the one idea I should take away: **[PASTE PARAGRAPH]**

026 Study Guide Builder

Create a study guide for **[TOPIC]** with learning objectives, key concepts, examples, common mistakes and review questions using my notes: **[PASTE NOTES]**

027 Flow Chart Outline

Turn this process description into a step-by-step flow chart outline: **[PASTE PROCESS]**

028 Note Taking Method Chooser

Compare note-taking methods such as outline, Cornell, mind maps and flow notes, and suggest which fits **[SUBJECT]** best with a short reason.

PRO TIP Paste your own notes or the text you are studying. Summaries made from your material help you remember far more than generic summaries.

CHAPTER 3 20 PROMPTS

Explain It Simply

ELI5, analogies, step-by-step explanations, misconception checks

Understanding comes before memorizing. These prompts explain concepts in different ways until they finally click.

029 Explain Like I'm Twelve

Explain [CONCEPT] as if I am twelve years old using a simple analogy and one everyday example. Then give me a short summary sentence.

030 Step-by-Step Explanation

Explain [CONCEPT] step by step, defining each term as you go. After each step, ask me a quick check question.

031 Analogy Generator

Give me three different analogies to understand [CONCEPT], each from a different area such as sports, cooking or games, and explain where each analogy breaks down.

032 Why It Matters

Explain why [TOPIC] matters in real life with three practical examples and how it connects to my course.

033 Common Misconceptions

List the most common misconceptions students have about [TOPIC] and explain the correct idea for each in one or two sentences.

034 Teach Me Then Quiz Me

Teach me [TOPIC] in five short sections. After each section ask me one question and wait for my answer before continuing.

035 Socratic Tutor

Act as a Socratic tutor for [TOPIC]. Ask me questions that guide me toward understanding instead of giving the answers directly. Start with a simple question.

036 Real-World Examples

Give five real-world examples that illustrate **[CONCEPT]**, from different contexts, with a short explanation of how each shows the idea.

037 Visual Explanation Description

Describe a diagram that would help me understand **[CONCEPT]**, including what to draw, how to label it and how to read it.

038 Concept Comparison

Explain the difference between **[CONCEPT A]** and **[CONCEPT B]** using a simple example for each and a short table of differences.

039 Prerequisite Check

List the prerequisite knowledge I need before studying **[TOPIC]** and give a short quiz to find gaps in my understanding.

040 Explain My Mistake

Here is my attempt at solving or explaining **[PROBLEM]**. Tell me where my thinking went wrong, why, and how to correct it without giving the entire answer immediately: **[PASTE ATTEMPT]**

041 Feynman Technique Coach

Guide me through the Feynman technique for **[TOPIC]**. Ask me to explain it simply, point out gaps and ask follow-up questions.

042 Break Down a Hard Passage

Break this difficult passage into small parts, explain each part in simple words and then show how they fit together: **[PASTE PASSAGE]**

043 Vocabulary Builder

Give me definitions, example sentences and memory tricks for these terms from **[SUBJECT]**: **[LIST TERMS]**

044 Formula Explanation

Explain this formula: what each symbol means, when to use it, a worked example and a common mistake: **[PASTE FORMULA]**

045 History in Context

Explain the background, causes and consequences of **[EVENT]** in clear steps. Note where historians disagree and tell me to verify details in my textbook.

046 Literature Theme Explainer

Explain the main themes of **[BOOK/POEM]** with examples I can find in the text. Encourage me to find my own quotes to support each theme.

047 Science Process Explainer

Explain how **[SCIENCE PROCESS]** works in order, with the purpose of each stage and a simple analogy.

048 Study Partner Role Play

Act as a curious classmate who has missed the lesson on **[TOPIC]**. Ask me questions so I have to explain it clearly, and tell me where my explanation was confusing.

PRO TIP After any explanation, explain the idea back in your own words and ask the AI to check you. Teaching is one of the strongest ways to learn.

CHAPTER 4 25 PROMPTS

Flashcards, Quizzes and Practice

Active recall, spaced repetition decks, mock exams

Retrieval beats rereading. These prompts turn your material into questions, flashcards and mock exams so you practice remembering rather than just recognizing.

049 Flashcard Generator

Create twenty flashcards from this material with a question on the front and a short answer on the back. Focus on the key ideas, not trivia: **[PASTE NOTES]**

050 Cloze Deletion Cards

Create fifteen fill-in-the-blank study cards from this text by hiding the key terms: **[PASTE TEXT]**

051 Multiple Choice Quiz

Write ten multiple choice questions on **[TOPIC]** with four options each, and an answer key with a short explanation. Base them on my notes: **[PASTE NOTES]**

052 Short Answer Questions

Write ten short answer questions on **[TOPIC]** at **[LEVEL]** with model answers I can compare with mine.

053 Essay Question Practice

Write five exam-style essay questions on **[TOPIC]** and a short marking guide listing the points a strong answer includes.

054 True or False Practice

Write fifteen true or false statements about **[TOPIC]**, including tricky ones, with corrections for the false ones.

055 Mock Exam Paper

Create a **[DURATION]**-minute mock exam for **[COURSE]** with sections for multiple choice, short answer and one longer question, plus a mark scheme.

056 Past Paper Analysis

Based on these past paper questions, identify the topics that appear most often, the types of question and tips for answering them: **[PASTE QUESTIONS]**

057 Question Predictor

Based on this syllabus, suggest which topics could be asked and the likely question types. Remind me that this is only a guide: **[PASTE SYLLABUS]**

058 Spaced Repetition Plan

Create a spaced repetition schedule for reviewing **[NUMBER]** topics over **[WEEKS]** weeks, with review intervals and a simple tracking table.

059 Active Recall Prompts

Write twenty active recall questions that make me recall **[TOPIC]** without looking at my notes, from easy to hard.

060 Memory Techniques

Suggest memory techniques such as acronyms, stories and memory palaces for learning this list, and create a sample for each: **[PASTE LIST]**

061 Mnemonic Creator

Create five mnemonics to remember **[LIST/SEQUENCE]**. Make them funny, vivid and easy to recall.

062 Practice Problem Set

Create ten practice problems on **[TOPIC]** in order of difficulty with hints and worked solutions I can reveal after trying.

063 Error Log Template

Create an error log template to record mistakes from practice with columns for question, my mistake, correct approach and how to avoid it next time.

064 Weak Topic Finder

Based on these quiz results, identify my weakest topics and suggest a one-week plan to improve them: **[PASTE RESULTS]**

065 Interleaved Practice Set

Create a mixed practice set combining questions from **[TOPIC A]**, **[TOPIC B]** and **[TOPIC C]** in random order to improve my ability to choose the right method.

066 Oral Exam Practice

Act as an examiner for an oral exam on **[TOPIC]**. Ask me one question at a time, listen to my answer and give feedback on accuracy and clarity.

067 Vocabulary Quiz

Create a quiz of twenty words from **[LANGUAGE/SUBJECT]** with definitions, using multiple choice and fill-in-the-blank formats.

068 Diagram Labeling Practice

Describe a labeling exercise for **[DIAGRAM]** with a list of parts I should identify and an answer key.

069 Case Study Questions

Write a short case study about **[TOPIC]** with five questions requiring me to apply what I learned and an answer guide.

070 Speed Round Questions

Create a 5-minute rapid-fire quiz of thirty short questions on **[TOPIC]** with one-word answers.

071 Self-Assessment Checklist

Create a checklist of can-do statements for **[TOPIC]** so I can rate my confidence on each point and spot gaps.

072 Quiz Me Interactive Mode

Quiz me on **[TOPIC]** one question at a time. Increase the difficulty if I answer correctly and review the idea if I am wrong. Start now.

073 Review Session Plan

Create a 45-minute review session plan for **[TOPIC]** with a warm-up recall, focused practice, error review and a closing summary.

PRO TIP Try to answer from memory before checking. Struggling a little is what builds lasting recall.

CHAPTER 5 15 PROMPTS

Exam Revision Plans

Countdown plans, weak-topic review, last-minute sheets

A good revision plan reduces stress and covers everything. These prompts help you build realistic schedules and focus on what matters most.

074 Exam Countdown Plan

Create a revision plan from today until my exam on **[DATE]** for **[SUBJECTS]**. I can study **[HOURS]** per day. Include topic rotation, practice papers and rest days.

075 Topic Checklist from Syllabus

Turn this syllabus into a checklist with each topic and a confidence rating column so I can track revision: **[PASTE SYLLABUS]**

076 Last Week Revision Plan

Create a seven-day last-minute revision plan for **[SUBJECT]** focusing on the most important topics, practice questions and sleep.

077 Daily Revision Schedule

Create a daily timetable for revision with study blocks of **[MINUTES]** minutes, breaks, meals and an early finish.

078 Pomodoro Study Plan

Create a Pomodoro-based study plan for **[HOURS]** hours with work blocks, short breaks and a long break, plus a list of tasks for each block.

079 Revision Notes Condenser

Condense these notes to half their length while keeping the key facts, definitions and formulas: **[PASTE NOTES]**

080 Exam Day Checklist

Create an exam day checklist covering what to pack, what to do the night before, morning routine, arrival and strategies in the exam room.

081 Exam Technique Guide

Write a guide to exam technique for **[EXAM TYPE]**, including reading questions carefully, time management, planning answers and checking work.

082 Time Allocation Planner

Help me plan how to divide my **[DURATION]** exam time across these sections based on marks: **[PASTE MARKS]**

083 Stress Management Tips

Suggest practical, general tips for managing exam stress, such as breathing, movement, sleep and breaks. If stress feels overwhelming, remind me to talk to a counselor or trusted adult.

084 Sleep and Study Balance

Create a simple routine that balances study, sleep, food and movement during exam weeks, with reminders that rest helps memory.

085 Motivation Boost

Write a short, realistic pep talk for a student who feels behind with revision, with three practical next steps for today.

086 Study Group Plan

Create a plan for a study group session on **[TOPIC]** with roles, a time schedule and activities such as quizzing and teaching each other.

087 Past Paper Strategy

Explain how to use past papers effectively: when to start, how to mark my work, how to review mistakes and how to track progress.

088 After Exam Reflection

Create a short reflection template to review how an exam went, what worked, what to improve and what to do before the next exam.

PRO TIP Plan your revision backwards from the exam date and include rest. A plan you can actually follow beats a perfect plan you abandon.

CHAPTER 6 20 PROMPTS

Essay Planning and Feedback

Thesis ideas, outlines, argument checks, citation reminders

Strong writing starts with a clear plan. These prompts help you understand questions, build arguments and improve your drafts while keeping the writing truly yours.

089 Understand the Question

Break down this assignment question into its task words, topic, scope and requirements, and tell me what a strong answer would need to include: **[PASTE QUESTION]**

090 Essay Outline

Create an essay outline for the question **[QUESTION]** with a thesis idea, three main arguments, evidence I should look for and a conclusion approach. I will write the essay myself.

091 Thesis Statement Feedback

Give feedback on this thesis statement for clarity, arguability and focus, and suggest three ways to improve it: **[PASTE THESIS]**

092 Brainstorm Arguments

Brainstorm arguments for and against **[TOPIC]** and suggest what kind of evidence would support each point.

093 Topic Narrowing

Help me narrow my broad topic **[TOPIC]** into five specific research questions suitable for a **[LENGTH]** paper at **[LEVEL]**.

094 Paragraph Structure Coach

Explain a simple paragraph structure such as point, evidence, explanation and link. Then review this paragraph and show where it follows or misses the structure: **[PASTE PARAGRAPH]**

095 Evidence Planner

List the types of evidence I could use for the claim **[CLAIM]** such as statistics, expert opinion and examples, and where I might find them.

096 Introduction Feedback

Give feedback on this introduction for hook, context and thesis. List three improvements without rewriting it: **[PASTE INTRO]**

097 Conclusion Feedback

Review this conclusion and tell me whether it summarizes my argument, avoids new points and leaves a final thought: **[PASTE CONCLUSION]**

098 Draft Feedback

Give feedback on this draft for argument strength, structure, clarity, evidence and style. Prioritize the top five changes and do not rewrite it: **[PASTE DRAFT]**

099 Clarity Improvement Tips

Highlight the sentences in this paragraph that are unclear, wordy or repetitive and explain how I might fix each: **[PASTE PARAGRAPH]**

100 Counterargument Practice

List the strongest counterargument to my position and help me plan how to respond respectfully in my essay: **[PASTE POSITION]**

101 Citation Guide

Explain how to cite a **[SOURCE TYPE]** in **[CITATION STYLE]** with a template and an example using placeholders. Remind me to check my school's style guide.

102 Paraphrasing Practice

Show me how to paraphrase this passage in my own words while keeping the meaning, then explain what makes a good paraphrase. I will write my own version: **[PASTE PASSAGE]**

103 Avoiding Plagiarism Guide

Explain how to avoid plagiarism, including quoting, paraphrasing, citing and keeping notes about sources, with simple examples.

104 Grammar Explanation

Identify grammar mistakes in this passage and explain the rule for each one so I learn to fix them myself: **[PASTE PASSAGE]**

105 Vocabulary Improvement

Suggest more precise words for the vague words in this passage and explain the difference in meaning: **[PASTE PASSAGE]**

106 Reverse Outline

Create a reverse outline of my draft listing the main point of each paragraph so I can check the logic and flow: **[PASTE DRAFT]**

107 Rubric Check

Compare my draft to this rubric and tell me which criteria I meet, partly meet or miss, with suggestions for improvement: **[PASTE RUBRIC AND DRAFT]**

108 Writing Schedule

Create a schedule for completing a **[WORD COUNT]**-word assignment due on **[DATE]** with milestones for research, outline, draft, revision and proofreading.

PRO TIP Write your own first draft and then ask for feedback. Using AI to critique your work teaches more than using it to write for you.

CHAPTER 7 15 PROMPTS

Math, Science and Coding Help

Worked-example walkthroughs, error analysis, concept links

Maths, science and coding build on practice. These prompts help you learn methods, check your reasoning and understand mistakes rather than just copy answers.

109 Hint Not Answer

I am stuck on this problem. Give me one hint to get started without solving it, then wait for my next attempt: **[PASTE PROBLEM]**

110 Worked Example Walkthrough

Show a worked example of **[PROBLEM TYPE]** with each step explained, then give me a similar problem to try on my own.

111 Check My Working

Here is my solution to the problem. Check each step, tell me where my reasoning is wrong and explain the correct idea: **[PASTE PROBLEM AND WORKING]**

112 Formula Sheet Builder

Create a formula sheet for **[TOPIC]** with each formula, what the symbols mean, when to use it and a quick example.

113 Problem Type Classifier

Help me recognize which method to use by listing the clues in a question that point to each method in **[TOPIC]**, with examples.

114 Science Experiment Report Outline

Create an outline for a lab report on **[EXPERIMENT]** with aim, hypothesis, method, results, analysis and conclusion, and tips for each section.

115 Physics Problem Strategy

Give me a step-by-step problem-solving strategy for physics questions on **[TOPIC]**, including diagrams, known and unknown quantities and unit checks.

116 Biology Process Summary

Explain the stages of **[BIOLOGICAL PROCESS]** in order with the purpose of each stage and a simple memory aid.

117 Coding Concept Explainer

Explain **[PROGRAMMING CONCEPT]** in simple terms with a small code example, a common mistake and a practice exercise.

118 Debug My Code Helper

Here is my code and the error. Do not rewrite it. Ask me guiding questions to help me find the problem myself: **[PASTE CODE AND ERROR]**

119 Algorithm Walkthrough

Walk through how **[ALGORITHM]** works with a small example input, showing each step and the state of the data.

120 Statistics Concept Helper

Explain **[STATISTICS CONCEPT]** with a simple example, when to use it and common mistakes.

121 Math Proof Planning

Help me plan how to approach a proof of **[STATEMENT]** by suggesting methods, key definitions and a skeleton structure. I will write the proof myself.

122 Word Problem Translator

Help me translate this word problem into math by listing the knowns, unknowns and equation I need. Do not solve it: **[PASTE PROBLEM]**

123 Daily Practice Set

Create a 20-minute daily practice set for **[SUBJECT/TOPIC]** with warm-up, new problems and review, increasing in difficulty over a week.

PRO TIP Attempt every problem first. Ask for a hint, not a solution, and only look at the full worked answer after you have tried.

CHAPTER 8 15 PROMPTS

Assignments, Projects and Presentations

Project planners, slide outlines, group work prompts

Projects and presentations need planning as much as content. These prompts help you manage group work, structure slides and speak with confidence.

124 Project Plan

Create a project plan for [PROJECT] due on [DATE] with tasks, milestones, estimated time and a checklist of deliverables.

125 Group Work Roles

Suggest roles and responsibilities for a group of [NUMBER] students working on [PROJECT], with a simple way to track progress and resolve disagreements.

126 Group Meeting Agenda

Create an agenda for a 30-minute group meeting with time for updates, problems, decisions and next steps.

127 Fair Contribution Tracker

Create a template for tracking each member's contributions so work is shared fairly and clearly documented.

128 Presentation Outline

Create an outline for a [MINUTES]-minute presentation on [TOPIC] with slide titles, key points and timing for each section.

129 Slide Content Structure

Suggest how to structure slides for [TOPIC] with one key idea per slide, suggested visuals and what to say. I will write the final slide text.

130 Speaker Notes Practice

Give me tips for writing speaker notes and show how to turn this slide's bullet points into a short spoken explanation: [PASTE SLIDE]

131 Presentation Opening Ideas

Suggest five engaging openings for a presentation on [TOPIC], such as a question, story or surprising fact.

132 Practice Questions from Audience

List ten questions the audience or teacher might ask about my presentation on **[TOPIC]** and suggest how to prepare answers.

133 Nerves Coach

Give me practical tips for managing nerves before a presentation, including breathing, preparation and focusing on the audience.

134 Visual Design Tips

Give me simple design tips for clear slides, covering fonts, colors, images, spacing and charts.

135 Poster Layout Plan

Plan a poster layout for **[TOPIC]** with sections, headings, visuals and word limits that make it readable from a distance.

136 Research Plan

Create a research plan for **[PROJECT]** with questions, sources, search terms and a schedule for notes and writing.

137 Source Evaluation Guide

Create a checklist for evaluating the reliability of websites and articles, including author, date, evidence and bias.

138 Interview Questions for Project

Write ten interview questions for interviewing **[PERSON/EXPERT]** about **[TOPIC]** for my project, plus a polite request message.

PRO TIP Write your own slide content and use AI for structure and rehearsal. Presentations feel more natural when the ideas are truly yours.

CHAPTER 9 12 PROMPTS

Bonus: Focus, Habits and Academic Integrity Guide

Pomodoro prompts, motivation resets, responsible AI rules

Finish with the habits that make learning easier. This bonus chapter covers focus, motivation and responsible AI use so you can keep improving all year.

139 Distraction Plan

Create a plan to reduce distractions during study, including phone settings, a study environment, and rules for social media breaks.

140 Procrastination Breaker

Give me ten small actions to start studying when I feel stuck, such as a five-minute timer, and explain why each can help.

141 Habit Tracker Template

Create a one-page weekly study habit tracker with columns for study time, tasks completed, sleep, exercise and a reflection note.

142 Weekly Review Template

Create a weekly review template where I list what I learned, what was hard, my top three priorities for next week and one improvement.

143 Goal Setting Worksheet

Create a worksheet to set one academic goal, define why it matters, break it into actions, and set a review date.

144 Cheat Sheet: Study Session Formula

Give me a study session formula with warm-up, focus block, practice, review and reflection, with suggested times.

145 Cheat Sheet: Essay Formula

Give me a short essay writing formula with introduction, point-evidence-explain paragraphs and conclusion, with a fill-in outline.

146 Cheat Sheet: Prompt Formulas for Studying

Provide five reusable prompts students can use for any subject: explain, quiz, summarize, plan and give feedback, with placeholders.

147 Responsible AI Checklist

Create a checklist for using AI responsibly in school, covering following class rules, learning rather than copying, verifying facts, citing help and protecting private information.

148 Digital Organization System

Suggest a simple folder and naming system for notes, assignments and resources on my computer or phone so I can find everything quickly.

149 Balanced Life Planner

Help me plan a balanced week including study, sleep, exercise, friends and hobbies. Ask me questions first to understand my priorities.

150 Ask for Help Message

Write a polite message asking a teacher or classmate for help with **[TOPIC]**, explaining what I already tried and what I need.

PRO TIP Review your study habits at the end of every month. Small adjustments often matter more than studying longer.

Prompt Customization Guide

Every prompt in this pack can be improved with a little context. Use the master template below, then adapt the pieces to your task.

The master prompt template

> Act as **[ROLE]**. My goal is **[GOAL]**. The audience is **[AUDIENCE]**. Use a **[TONE]** tone. Here is the background: **[CONTEXT]**. Produce **[OUTPUT FORMAT]** in about **[LENGTH]**. Avoid **[THINGS TO AVOID]**. Before you answer, ask me up to three questions if anything is unclear.

Six upgrades that improve any prompt

- **Set a role.** Tell the AI who to be, such as an experienced editor or a patient tutor, so it picks the right vocabulary and depth.
- **Share real context.** Paste your own notes, product details or goals. Specific input produces specific output.
- **Define success.** Say what a great answer looks like: length, structure, level of detail, what to include.
- **Give an example.** Paste a sample you like and ask the AI to follow its structure and style, not copy its words.
- **Set boundaries.** List words, claims or topics to avoid and rules the answer must respect.
- **Ask for options.** Request three versions with different angles, then combine the best parts.

Follow-up phrases that work

- Make this shorter and more direct.
- Rewrite for a complete beginner.
- Give me three alternative versions with different angles.
- What is missing or unclear in this draft?
- Turn this into a checklist I can follow.
- Now critique your own answer and fix any weak points.

Prompt Tracker

Print this page or copy it into your notes. Record the prompts that work best for you, what you changed, and how well the result performed.

Prompt No.	What I used it for	My edits	Rating (1-5)

Thank You

Thank you for downloading this pack. We hope it saves you time and helps you do better work with AI.

Browse more free prompt packs, cheat sheets and AI tools at **aipdfbundles.com**.

Use AI responsibly. Always review AI output for accuracy, fairness and suitability before you rely on it. Follow the laws, platform rules and professional standards that apply to your work. This document is for general information and productivity support only; it is not legal, medical, financial or other professional advice.